

Medical Aid Rates for Psychologists – 2025

Medical Aid	Rate for Psychology assessment, consultation, counselling and/or therapy (individual or family). Duration: 51-60min.
Bankmed	R1307.90
Bonitas	R1313.40
Discovery	R1244.90
Discovery Netcare	R1244.90
Fedhealth	R1248.40
KeyHealth	R1383.20
Medihelp	R1347.80
Momentum	R1249.50
Profmed	R1315.71

Please note:

- These rates apply to the NHRPL (National Health Reference Price List) Code: 86205
- The information contained in this document is a guide only. I cannot be held liable for any inaccuracies in the information. Please check with your medical aid.
- All tariffs are inclusive of VAT.
- The rates covered are dependent on your level of cover. Please check with your medical aid.
- Rates subject to change by your medical aid. Please check with your medical aid.
- Medical aids do not cover missed appointments or late cancellations.

Why do Medical Aid Rates Differ?

Prior to 2010, National Health Reference Price List (NHRPL) dictated what mental health practitioners should charge for their services.

As a result of a High Court ruling in mid-2010, no further Price Lists were published, and practitioners set their own rates.

Every medical aid pays differing percentages of the now redundant NHRPL rate – e.g. NHRPL (2010) plus 5% or NHRPL (2010) plus 100% etc.